

Through a collaborative effort with other organizations, our mission is to enrich the Bay Area community by presenting integrated programs and resources through education and prevention.



In-Home Support Services



- Activities of Daily Living (ADLs)
- Instrumentals of Daily Living (IADLs)
- Respite Services



Your Ultimate Resource and Information on Healthy Aging

These are the Locations we serve

Most of the clients and families that we serve live in the Santa Clara, San Mateo, San Francisco and Alameda counties.



FRUITFUL LIVING
Programs with Impact

1580 Oakland Road, Ste C-112
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(408) 249-4697 – Office
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www.fruitfullivinginc.com



FRUITFUL LIVING

Programs with Impact

We Step In While You Step Out... Worry Free...

Our organization offers programs that have a positive impact on individuals and families in your local community.



Enriching Lives through
Outreach, Activities & Resources

Become a part of reaching our community

(408) 249-4697

vitality
fitness
awareness
HEALTH
therapy
prevention
care
wellness
ENERGY


BONDED AND INSURED

This is Who We Are:

Fruitful Living, Inc., formerly known as Fit for the King International, is a 501c3 educational, non-profit, multi-cultural corporation, established in 1995 to advance outreach services to the community. Our dedicated mission is to provide proactive and progressive education and training solutions to obtaining advancement and maintaining optimal health and wellness in everyday living. Services offered since 1997.

Our Mission:

Our dedicated mission is to provide proactive and progressive education and training solutions to obtaining advancement and maintaining optimal health and wellness in everyday living. Boom Source is a media/information service devoted to baby boomers and senior citizens, and the families who support them. Boom Source offers resources and information by-way-of a variety of channels.



Our goal is to provide information, resources, and assistance, helping you explore options and availability of long term care services, transportation, personal care services, respite care, and many other assistances needed when someone is in need of, or receiving on-going care.



Services We Provide

- Bathing, grooming and hygiene
- Mobility assistance
- Transferring and positioning
- Toileting and incontinence
- Meal preparation, feeding, and special diet requirements
- Laundry and linen changes
- Light housekeeping
- Grocery shopping/errands
- Transportation to appointments
- Medication reminders
- Supportive hospice services
- Live-in care/hourly (24 hour) care
- Engagement in activities
- Companionship/Sitters

Our Experience:

The staff of Fruitful Living, Inc. has over 25 years of experience working with seniors, the developmentally disabled, and veterans; you can count on our expertise. Our staff is looking forward to meeting your loved one's needs. We listen and hear your concerns in order to help you develop a plan that will best fit your loved one's home care needs.



Health has become a major concern for so many of us. With childhood obesity, addictions of all kinds, cancer, and sugar diabetes at an all-time high, we're in need of supportive services that offer the much needed guidance and assistance that will render positive change and wellness. Our team of professionals is available to assist you. Call us; our care will be there to make the difference!